

## Frequently Asked Questions

### **Is Permanent Makeup safe?**

It is very safe as it uses only vegetable dye which is natural and organic. All instruments that enter the skin or come in contact with body fluids are sealed and sterilized before use and disposed of after use. Cross contamination guidelines are strictly adhered to.

### **Is it painful?**

We're sure the first thing everyone wants to know is whether this hurts and if so, how painful is it? Pain ranges from zero to very slight uncomfortable feeling. Anesthetics work better on some people than others. The overall sensation is like your eyebrows are being brushed but this may vary according to an individual's pain threshold. Most customers we encounter usually fall asleep as they feel nothing during the process. Pigment retention depends on skin type, age, aftercare, sun exposure, use of certain skin products, immune system, medications and other factors. Touch ups are recommended once a year to prevent natural fading. The entire process takes approximately 60 - 90 minutes and there is no down time. A touch up may be required 1-3 months after initial procedure. Before Care Instructions Do not work out the day of the procedure as the body heat expands the pores. It is important not to have sunburn prior to the procedure. This includes tanning beds. Do not take Aspirin, Niacin, Vitamin E, Fish Oil or Ibuprofen 24 hours before the procedure. Tylenol is fine. Please Do Not use acne medications or retinol cream 3 days prior to the procedure. No alcohol on the day of the procedure. Please do not book an appointment before any major events, like a vacation, social event, wedding, etc. Please note that you will be more sensitive during your menstrual cycle. Please do not wear any perfume to your appointment and leave your cell phones turned off. No one under the age of 18 is allowed into the procedure room so please leave your children at home. Please only bring one adult to accompany you to your procedure.

**Eyebrows:** Please have your eyebrows waxed or threaded to remove all unwanted hair. All tweezing, waxing, or threading of eyebrows should be done 24 - 72 hours prior to the procedure. Please come in with your eyebrows drawn/penciled in if this is what you do on a daily basis or with your desired eyebrow shape. Eyebrow Permanent Cosmetics does not require your entire eyebrow to be shaved off and does not damage your natural hair follicles.

**Eyeliner:** Please Do Not wear any makeup on your eyes on the day of the procedure and bring eye glasses if you wear contact lenses to the appointment. You must wear eye glasses for 3 days post eyeliner procedures. Then you can wear your contact lenses and it must be clean or a new pair. All lash perms and lashing tinting can be done up to 72 hours pre procedure and 30 days post procedure. Do not use any eyelash serums (Latisse) 2 weeks before the procedure. If you wear fake eye lashes you cannot wear them pre, during, or post procedure. Please only use new tube of mascara after your eyeliner has healed.

**Lips:** If a client has ever had (even if years ago) a fever blister, cold sore, shingles or chicken pox, it is recommended you obtain a prescribed antiviral medication (Valtrex) from your doctor. Fever blisters are very common as a side effect of permanent lip cosmetics. Please avoid any depilatory or bleaching agents on your lips pre and post lip permanent cosmetics. Long Term Care Use a good sunscreen on your

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eyebrows, lips, or scalp if you plan to be in the sun for prolonged periods of time. Sun exposure will fade your permanent cosmetics. Long Term Care of the Scalp: Please use sulfate free shampoo and conditioner at all times. Please use sunscreen daily. If you are planning a chemical peel, laser procedure, or any harsh procedures on your face, please inform the technician of your permanent cosmetics or scalp treatment. The use of Retin-A/Tretinoin, Glycolic Acid, Hydroxy Acid, Fruit Acid, or any other rapid skin exfoliation products used regularly on the forehead area will cause the permanent makeup to the eyebrow area to fade prematurely. The use of chemical peels and acid peels regularly on the forehead region can also cause eyebrows to fade prematurely. Failure to follow after care instructions may cause loss of pigment, discoloration, or infection. WARNING: Salt Water, Chlorine, exfoliation creams, and exposure to the sun will cause colors to fade.

**Permanent makeup is NOT recommended for clients who are or have:**

Pregnant or nursing, Undergoing Chemotherapy (consult your doctor), have a Pacemaker or major heart problems, Had an Organ transplant, Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.) or those who may be experiencing symptoms of the common cold or flu.

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## Aftercare

It is advised to sleep on an old pillowcase because there will be residual pigment coming off the eyes, eyebrows, lips, or scalp for several days that can stain linens. Do not soak treated area in a beaches, hot tub, or swimming pool and direct water pressure for 10 days. Permanent makeup will appear extremely intense and thick immediately after the procedure. The color will not look right the first few days. This is normal!

### Eyebrows:

After the procedure, lightly wipe eyebrows every hour on the hour until bedtime with sterile, distilled, or boiled water at room temperature with a cotton pad or gauze removing any excess water. Only do this on the day of the procedure. Eyebrows may be slightly swollen, red, or tender for a few days. This is normal and will dissipate quickly. Eyebrows will appear extremely intense and thick immediately after the procedure. The color will not look right the first few days. This is normal! Do not wet eyebrows for 10 days and please wash your face carefully around the eyebrow area without getting water on the treated area. Please NO water, NO cleansers, NO creams, NO makeup, NO ointments, or any other products on eyebrows for 10 days. DO NOT rub, pick or scratch your Eyebrows. Picking can cause scarring, infection, or complete loss of color. Let any scabbing or dry skin naturally exfoliate off. Avoid direct sun exposure or tanning for 3-4 weeks after the procedure. It is advised to sleep upright .It is recommended not to sweat heavily for the first 10 days after the procedure. Sweat is salt and can prematurely fade the treated area. Do not soak treated area in beaches, hot tub, or swimming pool or direct water pressure for 10 days. Avoid A&D, Vaseline, Aquaphor, or any other ointment as it can cause a reaction and block skin from breathing.

### Approximate Daily Eyebrow Healing:

**Day 1 - 2:** Your eyebrows are approximately 20%-40% darker, bolder, and more solid than your healed results. Under the pigment, the skin is red and pigment has been deposited into the layer of skin containing dead skin cells; combined giving the appearance of a darker color (Too Dark) and thicker eyebrows. There might be minimal swelling but because typically the eyebrow area does not retain much fluid, swelling will be limited.

**Day 3 - 4:** Your eyebrows may begin to itch and pigment may appear raised. The top layers of the skin will begin to shed, and you will see loss if color. This is normal. Please do not scratch or pick your eyebrows.

**Day 5 - 6:** The skin is now rapidly exfoliating and will shed evenly if left alone. The color under the exfoliating skin will continue to appear light (Too light) until the epidermis takes on its more transparent characteristics. Dry Skin Only: Apply one drop of Grape Seed Oil to each eyebrow on day 5. Grape seed oil should be applied once the morning and once in the evening before sleep. It will help to keep treated area moisturized and soft for the rest of recovery period. Oily Skin: Please do not apply any ointments or oils. Eyebrows heal in three stages: Too dark - Too light - Just right. Be Patient! The Color/Hair strokes will resurface after the skin completely exfoliates. It takes approximately one month for this to happen. Eyebrows lose 20% of thickness and 30% of color in the healing process. If after a month there are missing hair strokes or the color is too light, a touch-up can be scheduled. Eyebrow Touch-ups are \_\_\_ within the first 3 months.

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**Eyeliner:**

Eyes may be swollen, red, bruised and tender for a few days. This is normal and will dissipate quickly. An ice pack protected with a wet barrier film of a paper towel should be placed in the eyes immediately after the procedure. Icing is most effective within the first 24 hours but please do not ice for more than 20 minutes a time. You may apply Aquaphor or Vaseline if needed daily with a clean Q-tip only (no fingers). Only a small amount is needed to occlude the area. In the morning if eyes are stuck together, use a wet Q-tip and gently separate. Eyeliner heals in three stages: Too dark - Too light - Just right. It takes one month for this to happen. Do not rub, peel, or pick the area.

**Lips:**

Lips may be swollen, red, bruised and tender for a few days. This is normal and will dissipate quickly. Itching is also common. An ice pack protected with a wet barrier film of a paper towel should be placed in the eyes immediately after the procedure. Icing is most effective within the first 24 hours but please do not ice for more than 20 minutes a time. Apply Aquaphor or Vaseline as needed daily with a clean Q-tip only (no fingers). Please avoid any friction to lip area. Lips heal in three stages: Too dark - Too light - Just right. It takes one month for this to happen. Do not rub, peel, or pick the area.